



# RUN & FUN WEEKEND

14<sup>TH</sup>–16<sup>TH</sup> JUNE 2019, ŠKOFJA LOKA, SLOVENIA



Would you like to feel the pulse of 1,000-year Škofja Loka while it hosts 2,500 runners of all generations? If the answer is 'Yes' then why not join our Run & Fun Weekend. You can choose to spend the weekend being active, or be less active and just soak up the sights and sounds. The weekend will revolve around the 8th Four Bridges Night Run (4BR), which ranks as one of the best and most beautiful runs in Slovenia and Europe.

The weekend will begin on Friday 14th June with a running school and fun running-themed get-together with a 'pasta party'. On Saturday morning there will be a chance for competitors to view

the 4BR course by bike. In the afternoon we will all cheer on the children taking part in the Four Mayors' School Run and in the evening, at 9pm, the Four Bridges Night Run will take place on the 10km track through the streets of Škofja Loka, full of cheering spectators, culminating in the main town square. But that's not all! After Saturday's event there will be a sports party at the finish line with a performance by a live band that will go on until the small hours of Sunday morning. On Sunday you will embark on a guided historical hike along the Three Castles Trail and end the weekend with an outdoor picnic-style lunch.

## FRIDAY 14. 6. 2019

- 18.00 Running school
- 20.00 Pasta party

## SATURDAY 15. 6. 2019

- 8.00 Breakfast
- 10.00 Guided cycle tour of the Four Bridges Run course
- 14.00 Lunch
- 17.00 Sport Expo visit (optional)
- 18.00 Four Mayors' School Run
- 21.00 Start of the 8<sup>th</sup> Four Bridges Night Run

## SUNDAY 16. 6. 2019

- 8.00 – 10.00 Breakfast
- 11.00 – 13.00 Guided hike on the Three Castles Trail (surroundings of Škofja Loka)
- 13.00 Picnic-style lunch

## PRICE PER PERSON: €250

- 2 nights full board accommodation
- Bicycle hire for 2 hours
- Running school with an athletic coach
- Registration fee for Four Bridges Night Run
- Guided hike on the Three Castles Trail

A 20% deposit is payable upon registration. The remaining 80% is payable prior to arrival.

**10% DISCOUNT  
FOR COUPLES AND FAMILIES**



## INFORMATION AND APPLICATIONS:

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